

The 4th Anvaya Cove Invitational Triathlon

Date: November 5 & 6, 2011
Venue: Anvaya Cove Beach & Nature Club (ACBNC), Bataan

The Anvaya Cove Beach & Nature Club, a 1st class facility, opens its doors to the tri-community to host its annual multi-sport event. Participation will be limited, with **TRAP ID Holders** given priority. **ACBNC Members** will be given a 50% discount.

Events include a **SuperTriKids Aquathlon** for kids 8 & under and a **Sprint Relay** event for 2 or 3 person teams, any gender.

A shuttle bus from Subic Freeport to Anvaya Cove will be provided on Sun, Nov 6. Assembly will be at Subic International Hotel Bravo and departure at 5am.



Race Distances / Events:

	<u>Swim</u>	<u>Bike</u>	<u>Run</u>
Sprint:	1.2km (2loops)	32km (3 loops)	6km (3 loops)
Sprint Relay:	1.2km	32km	6km
8 & under	25m		200m
9-10	200m	2km	1km
11-12	300m	4km	2km
13-15	400m	8km	3km

Race Rules:

- Body marking (race numbers) must appear on both upper arms and both legs.
- Bikes must be racked at the designated spot of the bike rack in the transition area.
- Bare torso biking or running is not allowed.
- Vehicular traffic will be controlled but not closed.
- Athletes must follow all traffic rules and watch out for his/her own road safety
- **DRAFTING IS NOT ALLOWED** for all participants.
- **NO Overtaking** on downhill portions of the bike

Race Course Description:

Swim: Beach start, rectangular course

Bike:

3km hilly ride over paved road from the main Clubhouse area to the main gate. Go out the main gate & turn left towards Morong to a turnaround point over another 2km of cement road, a loop through hilly Mango Grove, & then back to main Clubhouse.

Run: From Transition onto smooth cart paths



Race Categories:

Sprint

Top 3 Over-All, Male & Female

Top 3 Relay Teams

Top 3 of each Age group:

Male: 16~24, 25~29, 30~34, 35~39, 40~44, 45~49, 50~54, 55~59, 60 & above

Female: 16~24, 25~34, 35~44, 45 & above

SuperTriKids

Top 3, Male & Female: 8 & under, 9~10, 11~12, 13~15

Awards and Prizes: All winners get medals. All finishers get t-shirts and post-race brunch

Race Schedule:

Saturday, November 5:

1:00 pm Pick up of Race Packets
2:00 Check-in for STK
2:30 Briefing for STK
3:00 Start of STK Races (youngest to eldest)
6:00 Race Briefing for Sprint / Awarding of STK
6:30 Pasta Dinner

Sunday, November 6:

5:30 am Check-in for Sprint
6:30 Start of Race
8:00 Brunch
10:00 Award Ceremonies & Brunch

Anvaya Cove Beach & Nature Club Rooms Rates:

- ❖ Garden Room- P 6,000.
- ❖ Garden Terrace- P 7,000.
- ❖ Lagoon Terrace- P 8,000.
- ❖ Anvaya Suite- P10,000.

- Participants must register at the Welcome Pavilion
- Rates apply to Single or Double Occupancy with breakfast for 2 persons.
- Children 12 years old & above are considered adults
- Rooms are adequate for a maximum of 4 persons
- Additional charge for extra person of P700 per night, breakfast & beddings included
- Check-in time: no later than 2pm & Check-out: no later than 12nn
- Room charges are inclusive of government tax & subject to 10% service charge

Day Guest Fees: P400 per person

- Charged to support team & family members of participants who are not staying at ACBNC
- Guest Fees include P250 consumables applicable to Food & Beverages

For more information contact:

Tel # **793-9000**; Fax # **793-9088**; Mobile # **+63917-8-ANVAYA**
e-mail: members@anvayacove.com



Registration:

Submit filled-up entry form with your fee at Registration Center mentioned below.

Participants may also pay through:

- **BPI** (T. Carrasco, **C/A No. 0081-0483-63**), or

- **PNB** (TRAP, **C/A No. 1002-3310-0013**).

Then, fax entry form and deposit slip (clear &/or enlarged copy) with name to Fax #: 809-2713.

Registration Centers:

TRAP Head Office

Room 101, Building B, Philsports Complex (ULTRA), Pasig City

Tel. #: +632-710-8259 or +632-399-6598; Fax: +632-809-2713; website: www.triathlon.org.ph

Bike King at Bonifacio High Street (c/o Raul Cuevas and Che) Tel. #: +632-856-3362

Speedo Concept Stores at Ayala Alabang Town Center , SM Megamall, Podium, Glorietta 4 Makati , Bonifacio High Street , and Mall of Asia

Rick Reyes

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Fabie David, Registration & Secretariat Head

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Registration Fees:

Sprint-	P2,700. (until Sep 30)	P3,200. (Oct 1-16)	P3,700. (Oct 17-31)
Sprint Relay-	P6,500. (until Sep 30)	P8,000. (Oct 1-16)	P9,500. (Oct 17-31)
SuperTriKids-	P1,000.		

The fee which will cover Guest Fees, cost of participation, insurance, post -race brunch, a Pasta Dinner (for Sprint participants), a race packet & a finisher's t-shirt.

ACBNC members get a 50% discount on Fees.